

Name: \_\_\_\_\_

## Teeth and Gums

Use the words in the list below to complete the sentence

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teeth night. 20 brushing,  
Fluoride milk, tongue. cleaning  
permanent Periodontitis 32  
upper Gingivitis flossing pulp

1. It's important to take good care of our baby teeth because they save space for our permanent teeth.
2. Children have 20 primary teeth; they are replaced by the permanent teeth by about age 13. Adults have 32 permanent teeth
3. Brush your teeth every morning and every night.
4. It is important to eat healthy foods to keep our bodies healthy and our teeth strong. Dairy products such as milk, yogurt, and cheese make our teeth stronger
5. The pulp contains blood vessels and nerves; it nourishes the dentin.
6. The upper teeth keep the cheeks and lips from being bitten and the lower teeth protect the tongue.
7. Fluoride is a natural element that can be found in many things, like the water we drink and the food we eat.
8. Gingivitis is the inflammation of the gums around the teeth due to improper cleaning of teeth.
9. Periodontitis is an advanced stage of gum disease that can result in the loss of your teeth.
10. Thorough daily brushing, regular flossing and frequent professional cleaning reduce your chances of developing serious gum disease